

# 50 SCREEN-FREE SUMMER ACTIVITIES

FOR KIDS

## 1 OUTDOOR ACTIVITIES

- 1. Go on a nature walk
- 2. Have a backyard picnic
- 3. Play with sidewalk chalk
- 4. Ride bikes or scooters
- 5. Blow bubbles
- 6. Set up a sprinkler
- 7. Build a fort outside
- 8. Go on a bug hunt
- 9. Fly a kite
- 10. Play tag or hide and seek
- 11. Collect and paint rocks
- 12. Make a scavenger hunt
- 13. Watch the sunset
- 14. Water plants or start a small garden
- 15. Go cloud watching

## 2 INDOOR ACTIVITIES

- 16. Build a blanket fort
- 17. Coloring time
- 18. Make homemade playdough
- 19. Do simple crafts
- 20. Sticker play
- 21. Watercolor painting
- 22. Make paper airplanes
- 23. Build with blocks or LEGOs
- 24. Put on a puppet show
- 25. Make a simple storybook

## 3 WATER PLAY IDEAS

- 26. Water balloon toss
- 27. Sponge bucket race
- 28. Wash toys outside
- 29. Set up a DIY bike wash
- 30. Play in a kiddie pool
- 31. Water pouring station
- 32. Ice play

## 4 LEARNING THROUGH PLAY

- 33. Read together
- 34. Practice writing with chalk
- 35. Do a puzzle
- 36. Sort toys by color or size
- 37. Bake something simple
- 38. Practice telling time
- 39. Learn a new song
- 40. Try a simple science activity

## 5 IMAGINATIVE PLAY IDEAS

- 41. Play "restaurant" or "store"
- 42. Dress up and act out stories
- 43. Build a toy town
- 44. Indoor camping
- 45. Create a treasure hunt
- 46. Play house or school

## 6 MEMORY-MAKING MOMENTS

- 47. Have a family game night
- 48. Make homemade popsicles
- 49. Look through old photos
- 50. Start a simple summer tradition

### SIMPLE TIPS THAT HELP

- ♥ Keep a list like this handy
- ♥ Rotate activities so things feel new
- ♥ Don't overthink it
- ♥ Let them be bored sometimes— it usually leads to better play

Slow days. Simple moments. Sweet memories.